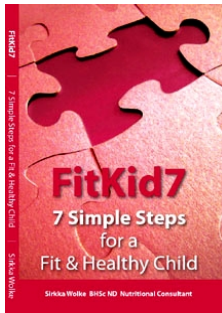


We are raising funds. Fitkid7.com have two great products: the **FitKid7 book and the Sleep Easy CD**. 25% from your orders will come back to us directly, so please be sure to place an order with them. We are sure you will be very happy with these incredibly helpful products.



The **FitKid7** book by Sirikka Wolke, Nutritional Consultant and mother of 4, is all about getting our kids fit & healthy in a fun way.

“A great book for all parents who are sick of diets and worried about their children’s health and happiness.”

Anne Seymour, Social Worker and mother of three boys.

“Looking for a food and fitness bible for your family? FitKid7 is it!”

Catherine Wernick, Editor and mother of three.

The **Sleep Easy CD** is a guided relaxation to help our kids get to sleep. It is inspiring and soothing and set to the gentle rhythm of the waves rolling into shore.



“Puts me to sleep as well.”

Tony M. Dad.

“ZZZZZZZZZZ.”

TM age 8.

“I can’t believe it worked!”

AA age 11.

“Can we listen to it every night?”

MM age 6.

Ordering is easy! Order on line at www.fitkid7.com or fill in the following order form and either fax or post it in.

Order both today and save R50!

Please send me _____ book & CD package(s) @ R246 = _____
_____ copies of FitKid7 book @ R148 = _____
_____ copies of Sleep Easy CD @ R148 = _____
Postage & handling = **R59.95**
Total = _____

Name of school/organisation - _____

Credit card no. - _____

Credit Card holder - _____ Expiry date - _____

Please enter the security code from your credit card
(these are the last three digits found on the back of your card) - _____

Name - _____ Tel. - _____

Email - _____

FitKid7 Monthly E-News contains great tips on keeping our kids fit & healthy!

Sign me up for the newsletter: YES []

Signature- _____